

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

OB/Primary Care: \_\_\_\_\_ Phone \_\_\_\_\_

**Please complete this general information about your pregnancy/health history is helpful in planning a massage session that is safe and effective.**

What week are you in this pregnancy? \_\_\_\_\_ What is your due date? \_\_\_\_\_

What number pregnancy is this for you? \_\_\_\_\_ How many children do you already have? \_\_\_\_\_

Are you currently taking any medications?  Yes  No

If yes, please list. \_\_\_\_\_

**Please check any health condition listed below (or add) that applies to you in your past or present:**

- |  |   |
|--|---|
| <input type="checkbox"/> History of miscarriage                        | <input type="checkbox"/> Preeclampsia                                   |
| <input type="checkbox"/> Gestational Diabetes                          | <input type="checkbox"/> History of any high-risk pregnancy             |
| <input type="checkbox"/> Cardiac, pulmonary, liver, or renal disorders | <input type="checkbox"/> High/Low Blood Pressure                        |
| <input type="checkbox"/> Sciatica Pain                                 | <input type="checkbox"/> Multiples                                      |
| <input type="checkbox"/> Pitting edema                                 | <input type="checkbox"/> Hypertension                                   |
| <input type="checkbox"/> Epilepsy or other convulsive disorders        | <input type="checkbox"/> Genetic abnormalities                          |
| <input type="checkbox"/> Placental or cervical dysfunction             | <input type="checkbox"/> Fetal growth issues                            |
| <input type="checkbox"/> Abdominal pain                                | <input type="checkbox"/> Bloody discharge                               |
| <input type="checkbox"/> Leaking of amniotic fluid                     | <input type="checkbox"/> Sudden weight gain/loss                        |
| <input type="checkbox"/> Fever   | <input type="checkbox"/> Diarrhea                                       |
| <input type="checkbox"/> Sudden edema/swelling                         | <input type="checkbox"/> Decrease in fetal movement over 24-hour period |
| <input type="checkbox"/> Severe headaches                              | <input type="checkbox"/> Severe nausea or vomiting                      |
| <input type="checkbox"/> Other _____                                   |   |

I \_\_\_\_\_, understand that the massage I receive is provided for the purpose of relaxation and relief of muscular tension and stress. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my level of comfort.

I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment, and that I should see a physician, chiropractor or other qualified medical professional for any mental or physical ailment that I am aware of.

I understand that massage therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly.

I agree to keep the service provider or the therapist updated as to any changed in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so.

Client Signature \_\_\_\_\_ Date \_\_\_\_\_